TYR/CCS Age Group & Open Swim Meet Sponsored by The CCS Swim Team June 3 – 5, 2022 Held under USA Swimming Sanction #LE 22005 LS

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In granting this sanction, CCS agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, LE, the State of Ohio and Stark County (local jurisdiction).

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

COVID PROTOCOLS:

Canton City Schools are **recommending** masks be worn in all buildings on Campus.

LOCATION:

C.T. Branin Natatorium, 1715 Harrison Ave NW, Canton, OH 44708 (Next to the Pro Football Hall of Fame).

DIRECTIONS:

From the North: Exit I-77 at Fulton Road exit. Continue across Fulton about 4 blocks to dead-end. Turn left toward I-77. Turn left into McKinley High School complex. The Natatorium is on your right. Find a place to park in McKinley parking lot.

From the South: Exit I-77 at 13th (Mercy Hospital) exit. Turn left under I-77 to second light (Broad Ave). Right on Broad to 17th Street. Right on 17th about three blocks. McKinley High School is on the left with parking lot in front. Turn left in the complex. The Natatorium is on your right. Find a place to park in McKinley parking lot.

POOL:

50 meters by 8 lanes, Colorado Timing system with digital scoreboard. Spectator seating for over 2000 people. Diving well for continuous warm-up and warm-down during competition. The depth of the pool at the start end is 9 feet 0 inches to 7 feet 0 inches. The depth at the turn end is 3 feet 6 inches.

RACING STARTS:

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

STARTING TIMES:

Friday session warm-ups will be 4:45 – 5:30 p.m., with competition starting at 5:35 p.m. **Both Saturday and Sunday** morning session warm-ups will be 7:45 – 8:30 a.m., with competition starting at 8:35 a.m. Warm-up will be split if the average number of swimmers per lane is scheduled to exceed 30 swimmers per lane, into a minimum of two groups, in which case warm-up shall be a minimum of thirty (30) minutes per group. Afternoon warm-up will begin approximately 15 minutes after the conclusion of the morning session. Afternoon warm-up will be for a 45 minute period. Estimated afternoon start times will be posted at <u>www.lakeerieswimming.com</u> by Wednesday, June 1, 2022. At the discretion of the Meet Director, warm ups may be split by gender or age group or team.

ENTRY DEADLINE:

Entries will not be accepted before Tuesday, May 17 @ 9:00 P.M. Please do not trust your organization's server time or your computer's time when submitting entries. It is suggested that you sync your computer time with the official U.S. time clock found at http://www.time.gov/ or www.time.is prior to submitting your entries.

Entries will be accepted and entered as they are received until the meet or session has reached capacity. Please do not send multiple copies of your entries. If multiple files are received, they will be considered revised files and will be entered by the most recent date and time with the original entry deleted. The deadline for entries is 11:59 PM, May 23, 2022, if not closed sooner. Once an entry has been accepted, there will be no refund of entry fees after the meet has closed or after the entry deadline, whichever comes first. Phone entries will not be accepted. No updated times will be accepted after the entry deadline. Email entries to ccs.meet.entry@gmail.com. Payments should be made payable to **Swim CCS** and mailed to Alison Allen. c/o CCS Swim Team, 7736 Rolling Green Ave. NW, Massillon, OH 44646.

TEAM SUPERVISION:

Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

RETURN TO PLAY LAW:

Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <u>http://www.NFHSlearn.com/self_courses</u>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

ENTRY FEES:

Individual events on Friday are \$12.00; Individual events on Saturday & Sunday are \$8.00; and a \$3.00 per swimmer LESI surcharge. There is a \$3.00/swimmer handling fee for entries not received in an electronic file. Payments should be made payable to **Swim CCS** and mailed to Alison Allen. c/o CCS Swim Team, 7736 Rolling Green Ave. NW, Massillon, OH 44646.

ENTRY LIMITATIONS:

Swimmers may enter one (1) event on Friday and three (3) individual events on Saturday and Sunday.

DECK ENTRIES:

Deck entries will be taken on a space available basis up to 35 minutes before the start of the session. Deck entrants should sign up at the deck entry table @ \$12.00 per individual event. Deck entry swimmers new to the meet will be charged \$3.00 LESI surcharge and must provide proof of USA Swimming registration. Deck entrants for whom there is no space will receive a refund. On deck USA Swimming registration will not be available for athletes or coaches.

ELIGIBILITY:

Swimmers must be current athlete members of USA Swimming. Coaches must be current coach members of USA Swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. Age is as of the first day of the meet, June 3, 2022. On deck USA Swimming registration will **not** be available.

QUALIFYING TIMES:

No qualifying times for this meet. Please list times in long course meters. NT entries will not be accepted. Times should not be converted from Short to Long Course times.

SWIMMERS WITH A DISABILITY:

Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT:

The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 50-meter course and will be timed finals. All 10 & Under events will be awarded as 8 & Under and 9-10. The 800 and 1500 Free (events 5 and 6) will be mixed and swam fastest to slowest and heats may be limited. The 400 IM (Events 1, 2, 47, & 48) and 400 Free (Events 3, 4, 89, & 90) will be swam fastest to slowest, alternating women & men and heats may be limited. Swimmers will be notified by Wednesday, May 25th if heats will be limited. If a swimmer gets closed out of an event, he/she will be able to choose another event.

SEEDING AND CHECK IN:

All events over a distance of 200 meters will be deck seeded with positive check-in required at the table under the scoreboard at least 30 minutes prior to the start of the meet. Events 200 meters and less will be pre-seeded. The Lake Erie scratch rule (attached) will be in effect.

SCORING:

Meet will not be scored.

CLERK OF COURSE:

A Clerk of Course will NOT be provided.

AWARDS:

<u>Individual Events:</u> Medals: First - Third Ribbons: Fourth – Eight Awards for 8&U, 9-10, and 11-12 only.

ADMISSION COST:

\$8.00 per spectator/day (kids 6 & Under free) or \$20 per spectator for the whole weekend. Psych sheets will be on meet mobile and Heat sheets will be posted on deck. Parking onsite is free.

RESULTS:

Results will be posted on <u>www.lakeerieswimming.com</u> web site. Teams may request a TM file at the conclusion of the meet.

TIME TRIALS:

Will not be offered.

SAFETY/WARM-UP:

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pol edge. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of a 45-minute warm-up shall be conducted as follows:

- a. Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the direction of the Meet Referee or his/her designee.)
- b. Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.
- c. Lanes 3 6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm up for violating safety rules.

CAMERA ZONES:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

DRONES:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

DECK CHANGES:

Deck changes are not permitted

INIITIAL DISTANCE:

To be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

OFFICIATING OPPORTUNITY:

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in officiating this meet. Please contact the meet director, Matthew Allen or LESI's Officials Chair, Jen Butler, in advance of the meet if at all possible, to let either know of your availability. The meet director's and official's chair contact information is listed below. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director: Matthew Allen ccs.coach.matthew@gmail.com

Official's Chair: Jen Butler jbutler@case.edu

COACHES:

Coaches must show their current certification and will receive a wristband that must be worn during the meet. Hospitality will be provided.

NOTE:

Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non participants are expected to remain in the spectator area.

Meet Director: Matthew Allen ccs.coach.matthew@gmail.com

Official's Chair: Jen Butler jbutler@case.edu

Safety Director: Ron Walker foots1860@aol.com

Meet Entries: Wanda Folger ccs.meet.entry@gmail.com

Emergency Evacuation Procedure

Swimmers & Coaches on Deck:

Exit through pool deck doors on the South and West Exit signs.

Spectators:

North Bleachers - Exit down the stairs on the north stairwells to the exit signs on the north end of the building.

West Bleachers – Exit down stairwells on the west side and exit out west exit signs.

East Bleachers – Exit down east or north stairwells and exit north of south exit doors.

TYR/CCS Age Group & Open Swim Meet Schedule of Events Friday evening, 4:45 Warm-Up, 5:35 meet start (Timed Finals) **June 3, 2022**

Girls #	Age Group/Stroke	Boys #
1	12U 400 IM*, @	2
3	12U 400 Free*, @	4
5	Mixed Open 800 Free*,#	Mixed
6	Mixed Open 1500 Free*,#	Mixed

* HEATS MAY BE LIMITED;

@ SWAM FASTEST TO SLOWEST ALTERNATING WOMEN AND MEN # SWAM FASTEST TO SLOWEST MIXED MEN AND WOMEN

TYR/CCS Age Group & Open Swim Meet Schedule of Events Saturday AM, 7:45 Warm-Up, 8:35 meet start (Timed Finals) June 4, 2022

Girls #	Age Group/Stroke	Boys #
	10 & Under	
7	200 FREE	8
11	100 BREAST	12
15	50 BACK	16
19	50 FREE	20
23	100 FLY	24
	11 and 12	
9	200 FREE	10
13	100 BREAST	14
17	50 BACK	18
21	50 FREE	22
25	100 FLY	26

10 & Under events will be awarded 8 & Under and 9-10

TYR/CCS Age Group & Open Swim Meet Schedule of Events Saturday PM, 45 minute Warm-Up, not before 12:50PM (Timed Finals) June 4, 2022

Girls #	Age Group/Stroke	Boys #
	13 and 14	
27	200 FREE	28
31	100 BREAST	32
35	100 BACK	36
39	200 FLY	40
43	50 FREE	44
	OPEN	
29	200 FREE	30
33	100 BREAST	34
37	100 BACK	38
41	200 FLY	42
45	50 FREE	46
47	400 IM *@	48

*400 IM HEAT MAY BE LIMITED; @WILL BE SWAM FASTEST TO SLOWEST, ALTERNATING WOMEN & MEN

TYR/CCS Age Group & Open Swim Meet Schedule of Events Sunday AM - 7:45 Warm-Up, 8:35 meet start (Timed Finals) **June 5, 2022**

Girls #	Age Group/Stroke	Boys #
	10 & Under	
49	200 IM	50
53	50 FLY	54
57	50 BREAST	58
61	100 FREE	62
65	100 BACK	66
	11 and 12	
51	200 IM	52
55	50 FLY	56
59	50 BREAST	60
63	100 FREE	64
67	100 BACK	68

10 & Under events will be awarded 8 & Under and 9-10

TYR/CCS Age Group & Open Swim Meet Schedule of Events Sunday PM, 45 minute Warm-Up, not before 12:50PM (Timed Finals) **June 5, 2022**

Girls #	Age Group/Stroke	Boys #
	13 and 14	
69	200 IM	70
73	100 FLY	74
77	200 BACK	78
81	100 FREE	82
85	200 BREAST	86
	OPEN	
71	200 IM	72
75	100 FLY	76
79	200 BACK	80
83	100 FREE	84
87	200 BREAST	88
89	400 FREE *@	90

*400 FREE HEATS MAY BE LIMITED; @WILL BE SWAM FASTEST TO SLOWEST, ALTERNATING WOMEN & MEN

LAKE ERIE SWIMMING, INC. INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.

B. Events Seeded on the Deck -

- (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
- (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.

(3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.

- (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals, and Finals
 - (1) Any swimmer qualifying for C, B, or A (bonus, consolation, or final race) in an individual event who fails to compete in said race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.

(2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

- (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete No penalty shall apply for failure to withdraw or compete in an individual event if (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
 - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.

TYR/CCS Age Group & Open Swim Meet June 3 – 5, 2022 Meet Entry Summary Page

Team Name:	Team Code:		
LSC Code:Contact Person:			
Phone:Emai	il		
Address:		· · · · · · · · · · · · · · · · · · ·	
City:State:	Zip		
Swimmers will be without a coach on de Fri. p.m. Sat. a.m., Sat. p.m., Sun. a.m., I have arranged for my swimmer/s to be	Sun p.m. supervised by:		
TOTAL (total # of Friday Events) X \$12	2 =	\$	
(total # of Saturday & Sunday E		\$	
(total # of swimmers) X \$3 (LES	SI Surcharge)	\$	
(total # of swimmers) X \$3 (han	ndling fee/paper entries)	\$	
TOTAL AMOUNT REMITTED		\$	
I VERIEV THAT EVERY SWIMMER LIS	TED ON THE ENCLOS	ED ENTRY FORM	IS A REGIST

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: _____ (coach or member team representative). DATE: _____

Make checks payable to Swim CCS and mail to: Alison Allen 7736 Rolling Green Ave. NW Massillon, Ohio 44646

Please note: DO NOT SUBMIT ENTRIES BEFORE TUESDAY, MAY 17 AT 9:00 P.M. All entries submitted with this sheet should be covered by a single check. Kindly do not send multiple checks with a single entry form. **DEADLINE FOR RECEIPT IS MAY 23, 2022.** This sheet must accompany all entries hard copies and check.

TYR/CCS Age Group & Open Swim Meet June 3 – 5, 2022 Entry Sheet

GIRLS T	GIRLS TEAM CODE				
NAME	AGE	USA SWIMMING NUMBER	EVENT #	TIMES (in meters)	

TYR/CCS Age Group & Open Swim Meet June 3 – 5, 2022 Entry Sheet

			BOYS TEAM CODE				
AGE	USA SWIMMING NUMBER	EVENT #	TIMES (in meters)				
		AGE USA SWIMMING NUMBER	AGE USA SWIMMING NUMBER EVEN I #				